



## American Red Cross ADULT AND PEDIATRIC FIRST AID/ CPR/AED

### BLENDED LEARNING

Adults & Teen (Ages 16+)

Sue Stadler, ARC Authorized Instructor

This course will prepare you to recognize and care for a variety of first aid, breathing, and cardiac emergencies involving adults, children, and infants and meets OSHA/ workplace requirements. This is a blended learning course including an online portion and an instructor-led classroom skill session. The online portion must be completed prior to attending the in-class portion and must be taken on a PC or tablet with a high speed Internet connection. Allow approximately 2 hours 30 minutes to complete the online portion. Upon successful completion of this course you will receive a digital certificate for Adult and Pediatric First Aid/CPR/AED valid for two years. Students must bring proof of completion of online program in order to attend the hands-on session. Email must be provided at registration as link to online portion will be sent after the *Registration Deadline*.

### Tuesday / 1 Session **6:00-7:30 PM**

- February 4 **106115-01**  
*Registration Deadline: Friday, January 24*
- May 5 **106115-02**  
*Registration Deadline: Friday, April 24*

Greenfield City Hall, Room 206  
Per option: \$75 (R) / \$95 (NR)



## American Heart Association BASIC LIFE SUPPORT (BLS) FOR HEALTHCARE PROVIDERS

Adults (Ages 18+)

Sue Stadler, AHA certified Instructor

This course is designed to provide a wide variety of healthcare professionals the ability to recognize several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely, and effective manner. Learn the critical concepts of high-quality CPR plus the American Heart Association Chain of Survival. Skills covered are for adults, children and infants and include: one rescuer and two rescuer CPR, bag-mask, rescue breathing, and choking. Program fee includes textbook, pocket mask, supplies, and certification card (*valid 2 years*).

### Tuesday / 1 Session **6:00-10:00 PM**

- January 28 **106120-01**  
*Time Out: Tuesday, January 21*
- March 31 **106120-02**  
*Time Out: Tuesday, March 24*

Greenfield City Hall, Room 206  
Per option \$60 (R) / \$70 (NR)

## American Red Cross BABYSITTERS TRAINING WITH PEDIATRIC CPR AND FIRST AID BLENDED LEARNING

Youth (Ages 11-13)

Sue Stadler, ARC Authorized Instructor

**NEW FORMAT! Week One:** Find out about the job of a babysitter and gain confidence by learning:

- Effective supervision of children and infants.
- Choosing safe, age appropriate games and toys.
- How to perform basic child-care skills such as diapering, feeding and dressing.
- How to find and interview for a babysitting job.
- How to communicate effectively with parents.

**Week Two:** After completing the online blended learning classwork online at home and bringing your online completion confirmation to class (required), you will practice and polish your CPR and First Aid skills. Learn to prevent emergencies by identifying safety hazards and how to provide care for common injuries such as burns, cuts, and bee stings, should they occur.

After attending both class sessions, completing the online coursework, and checking off all the required skills, participants will receive the American Red Cross Babysitters Training (no expiration) and Pediatric CPR with First Aid (*expires in 2 years*) certifications. Class fee includes the American Red Cross certification fee (\$31), all class supplies and a binder with all class materials.

### Tuesday / 2 sessions **6:00-9:00 PM**

- February 11 & 18 **106100-01**  
*Time Out: Tuesday, February 4*
- March 10 & 17 **106100-02**  
*Time Out: Tuesday, March 3*
- April 14 & 21 **106100-03**  
*Time Out: Tuesday, April 7*
- May 12 & 19 **106100-04**  
*Time Out: Tuesday, May 5*

Greenfield City Hall, Room 206  
Per option \$75 (R) / \$97 (NR)